

## Coaches:

• Kathryn Cristaldi, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 26, 2024	Mon	Practice (Modified Swim Practice)	N/A	10:00 AM	11:00 AM	TBD		
Aug 27, 2024	Tue	Practice (Modified Swim Practice)	N/A	10:00 AM	11:00 AM	TBD		
Aug 29, 2024	Thu	Practice (Modified Swim Practice)	N/A	10:00 AM	11:00 AM	TBD		
Sep 3, 2024	Tue	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 4, 2024	Wed	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 5, 2024	Thu	Regular Season	Baldwinsville	5:00 PM	7:00 PM	LIVERPOOL HS Pool		L
Sep 6, 2024	Fri	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 9, 2024	Mon	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 10, 2024	Tue	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 11, 2024	Wed	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 16, 2024	Mon	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 17, 2024	Tue	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 18, 2024	Wed	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 20, 2024	Fri	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 24, 2024	Tue	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 25, 2024	Wed	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 26, 2024	Thu	Regular Season	Fayetteville-Manlius (Modified Girls Swim)	5:00 PM		LIVERPOOL HS Pool		L
Sep 27, 2024	Fri	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Sep 30, 2024	Mon	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Oct 1, 2024	Tue	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Oct 2, 2024	Wed	Regular Season	Oswego	5:00 PM		LIVERPOOL HS Pool		L
Oct 3, 2024	Thu	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Oct 7, 2024	Mon	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Oct 8, 2024	Tue	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Oct 10, 2024	Thu	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Oct 11, 2024	Fri	Meet (SCAC Modified Extravaganza)	Vs. Multiple	5:00 PM		Nottingham High School Pool		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME		LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 15, 2024	Tue	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		
Oct 16, 2024	Wed	Regular Season	@ West Genesee	5:00 PM	7:30 PM	WG-HS Pool		L
Oct 17, 2024	Thu	Regular Season	@ Cicero-North Syracuse	6:00 PM	8:00 PM	Nottingham Pool		L
Oct 18, 2024	Fri	Practice (Modified Swim Practice )	N/A	3:30 PM	4:45 PM	TBD		

Date: 2024-08-17