



# Adirondack

## (G) V Swimming/Diving

### Coaches:

- Elizabeth Ritter

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	West Canada Valley	6:00 PM	8:00 PM	South Lewis High School		L
Sep 17, 2024	Tue	Regular Season	New Hartford	6:00 PM	8:00 PM	South Lewis High School		L
Sep 24, 2024	Tue	Regular Season	Utica Proctor	6:00 PM		South Lewis High School		L
Oct 3, 2024	Thu	Regular Season (Tri Meet)	Holland Patent, Rome Free Academy	6:00 PM	8:00 PM	South Lewis High School		L
Oct 8, 2024	Tue	Regular Season	Cooperstown (Cooperstown/Milford)	6:00 PM		South Lewis High School		L

Date: 2024-07-18