

Coaches:

- Nick Stam
- Emily Gannon

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|----------------------------------|--|---------------|-------------|--|----------------------------------|---|----------------------------|
| Sep 4, 2019 | Wed | Scrimmage (Scrimmage Meet) | @ Fabius-Pompey | 4:30 PM | | Highland Forest | Bus/Driver: Birnie Bus | Departure Point: MPH Departure Time: 3:15 PM | NL |
| Sep 11, 2019 | Wed | Regular Season | Faith Heritage, Bishop Grimes @ Pulaski | 4:30 PM | | Selkirk State Park | | | L |
| Sep 17, 2019 | Tue | Regular Season | Cato-Meridian (Blue Devils) @ Port Byron (Port Byron/Union Springs) | 4:30 PM | | Heritage Park Trail | | | L |
| Sep 25, 2019 | Wed | Regular Season | Fabius-Pompey @ Tully | 4:30 PM | | Tully XC Course | | | L |
| Oct 2, 2019 | Wed | Regular Season | LaFayette @ Onondaga Central | 4:30 PM | | Cross Country Trail | | | L |
| Oct 8, 2019 | Tue | Regular Season | @ Weedsport | 4:30 PM | | Weedsport JrSr. High School | | | L |
| Oct 23, 2019 | Wed | Regular Season | Port Byron (Port Byron/Union Springs), Weedsport, Bishop Grimes, Bishop Ludden, Pulaski, Onondaga Central, Faith Heritage, LaFayette, Fabius- Pompey, Tully @ Cato-Meridian (Blue Devils) | 4:30 PM | | Cato- Meridian Jr. Sr H S Gym | | | L |

Date: 2024-08-12