

## Coaches:

- Nick Stam, Head Coach
- Emily Gannon, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 18, 2024	Wed	Scrimmage	LaFayette, Fabius- Pompey, Cincinnatus, DeRuyter, Faith Heritage, Altmar- Parish-Williamstown (APW Rebels), Pulaski, Cato-Meridian (Blue Devils), Port Byron (Port Byron/Union Springs), Weedsport, Bishop Grimes, Bishop Ludden, Syracuse Academy of Science, Hannibal @ Tully	4:30 PM	6:30 PM	Tully XC Course		L
Sep 25, 2024	Wed	Regular Season	Tully, Faith Heritage	4:30 PM	6:00 PM	Manlius Pebble Hill School		L
Oct 2, 2024	Wed	Regular Season	DeRuyter, Mater Dei Academy	4:30 PM	6:00 PM	Manlius Pebble Hill School		L
Oct 16, 2024	Wed	Regular Season	Fabius-Pompey @ Cincinnatus	4:30 PM		Cincinnatus XC course on Fireman's Field 2647 Route 26 Cincinnatus, NY 13040		L
Oct 23, 2024	Wed	Regular Season	LaFayette @ Onondaga Central	4:30 PM		Cross Country Trail		L

Date: 2024-07-19