

## Coaches:

- Bonnie Gerhart, Head Coach
- James Gerhart
- Keina Samuels

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice	N/A	6:00 PM	7:30 PM	HS Track
Aug 27, 2024	Tue	Practice	N/A	7:30 AM	9:00 AM	HS Track
Aug 28, 2024	Wed	Practice	N/A	7:30 AM	9:00 AM	HS Track
Aug 29, 2024	Thu	Practice	N/A	7:30 AM	9:00 AM	HS Track
Aug 30, 2024	Fri	Practice	N/A	7:30 AM	9:00 AM	HS Track
Sep 3, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	HS Track
Sep 4, 2024	Wed	Practice	N/A	7:30 AM	10:30 AM	TBD
Sep 5, 2024	Thu	Practice	N/A	3:30 PM	5:15 PM	HS Track
Sep 6, 2024	Fri	Practice	N/A	3:30 PM	5:15 PM	HS Track
CANCELLED Sep 7, 2024	Sat	Practice	N/A	8:00 AM	11:00 AM	TBD
Sep 9, 2024	Mon	Practice	N/A	3:30 PM	5:15 PM	HS Track
CANCELLED Sep 10, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	HS Track
Sep 11, 2024	Wed	Practice	N/A	3:30 PM	5:15 PM	HS Track
Sep 12, 2024	Thu	Practice	N/A	3:30 PM	5:15 PM	HS Track
Sep 13, 2024	Fri	Practice	N/A	3:30 PM	5:15 PM	HS Track
Sep 16, 2024	Mon	Practice	N/A	3:15 PM	5:15 PM	HS Track
Sep 17, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	HS Track
Sep 18, 2024	Wed	Practice	N/A	3:15 PM	5:15 PM	HS Track
Sep 19, 2024	Thu	Practice	N/A	3:15 PM	5:15 PM	HS Track
Sep 23, 2024	Mon	Practice	N/A	3:15 PM	5:15 PM	HS Track
Sep 24, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	HS Track
Sep 25, 2024	Wed	Practice	N/A	3:15 PM	5:15 PM	HS Track
Sep 26, 2024	Thu	Practice	N/A	3:15 PM	5:15 PM	HS Track

Date: 2024-09-18