

## Coaches:

- Emily Bryant
- Fernando Amico
- Lee Conklin

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 21, 2022	Mon	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Mar 22, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Mar 23, 2022	Wed	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Mar 24, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Mar 25, 2022	Fri	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Mar 28, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Mar 29, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Mar 30, 2022	Wed	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Mar 31, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Apr 1, 2022	Fri	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Apr 4, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Apr 5, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Apr 6, 2022	Wed	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Apr 7, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Apr 18, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Apr 20, 2022	Wed	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Apr 21, 2022	Thu	Regular Season	Rye	4:30 PM		LMK Track			L
Apr 22, 2022	Fri	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Apr 25, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Apr 26, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
Apr 27, 2022	Wed	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
Apr 28, 2022	Thu	Regular Season	Blind Brook	4:30 PM		LMK Track			L
Apr 29, 2022	Fri	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
May 3, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
May 4, 2022	Wed	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
May 5, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	LMK Track			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 5, 2022	Thu	Regular Season	@ Byram Hills	4:30 PM		Byram Hills HS	Bus/Driver: First Student	Departure Point: LMK Middle School Departure Time: 3:15 PM	L
May 6, 2022	Fri	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
May 9, 2022	Mon	Regular Season	Pelham	4:30 PM		LMK Track			L
May 10, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
May 11, 2022	Wed	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
May 12, 2022	Thu	Regular Season	@ Sleepy Hollow	4:30 PM		Doc Rasbeck Track	Bus/Driver: First Student	Departure Point: LMK Middle School Departure Time: 3:15 PM	L
May 16, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
POSTPONED May 16, 2022	Mon	Regular Season	@ Eastchester	4:00 PM		Eastchester HS	Bus/Driver: First Student	Departure Point: LMK Middle School Departure Time: 3:00 PM	L
May 17, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	LMK Track			
May 19, 2022	Thu	Regular Season	Rye Neck	4:30 PM		LMK Track			L
May 20, 2022	Fri	Practice	N/A	2:45 PM	3:45 PM	LMK Track			
May 23, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	LMK Track			

Date: 2024-07-30