

**Coaches:** 

• Lisa Florenz, Head Coach

DATE	WEEP DAY	<sup>K</sup> TYPE	OPPONENTS	START EN TIME TIM		TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 14, 2024	Sat	Regular Season (New Hartford Invitational)	Mount Markham, Dolgeville, Whitesboro, Clinton, Hamilton, Notre Dame, Utica	9:00 AM	Cross Country Course (Perry JH)		NL
Sep 24, 2024	Tue	Regular Season	Vernon-Verona-Sherrill @ Utica Proctor (JFK/DMS)	4:00 PM	Proctor Park		L
Oct 1, 2024	Tue	Regular Season	Whitesboro, Oneida, Holland Patent	4:00 PM	Cross Country Course (Perry JH)		L
Oct 8, 2024	Tue	Regular Season	Rome Free Academy @ Central Valley Academy	4:00 PM	Diss Athletic Complex		L
Oct 15, 2024	Tue	Regular Season	Notre Dame, Utica, Camden	4:00 PM	Cross Country Course (Perry JH)		L
Oct 26, 2024	Sat	Regular Season (TVL Championship)	Rome Free Academy, Whitesboro, Utica Proctor (JFK/DMS), Holland Patent, Vernon-Verona- Sherrill, Camden, Central Valley Academy, Oneida @ Notre Dame, Utica	11:00 AM	Proctor Park, Utica		L

Date: 2024-08-20