

Poughkeepsie
(B) 7/8TH Cross Country

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|--|------------|----------|-----------------------------|----------------|---------------------|
| Sep 30, 2021 | Thu | Regular Season | Arlington (Union Vale Boys Cross Country) @ John Jay HS/ Van Wyck JHS (Van Wyck JHS) | 4:30 PM | 6:00 PM | Van Wyck Junior High School | | L |
| Oct 5, 2021 | Tue | Regular Season | Arlington (Union Vale Boys Cross Country) @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) | 4:15 PM | 5:45 PM | Wappingers Junior High | | L |
| Oct 21, 2021 | Thu | Regular Season | Haldane @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) | 4:30 PM | | RCK Turf Field / Track | | L |
| Oct 28, 2021 | Thu | Regular Season | Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) @ John Jay HS/ Van Wyck JHS (Van Wyck JHS) | 4:30 PM | | Van Wyck Junior High School | | L |

Date: 2024-07-31