

# Poughkeepsie

## (B) 7/8TH Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 2, 2024	Wed	Regular Season	Pawling, Arlington (Union Vale Boys Cross Country) @ John Jay HS/ Van Wyck JHS (Van Wyck JHS)	4:30 PM	7:00 PM	Van Wyck Junior High School		L
Oct 21, 2024	Mon	Regular Season	Roy C Ketcham/ Wappingers JHS (Wappingers Junior High), Arlington (LaGrange Boys Cross Country) @ Arlington (Union Vale Boys Cross Country)	4:30 PM	6:30 PM	Union Vale MS		L

Date: 2024-09-06