Coaches:

Poughkeepsie (B) 7/8TH Cross Country

| DATE | WEEK T | YPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|---------|-------------------|--|---------------|-------------|-----------------------------------|----------------|----------------------------|
| Oct 2, 2024 | WAC | Regular Season | Pawling, Arlington (Union Vale Boys Cross Country) @ John Jay HS/ Van Wyck JHS (Van Wyck JHS) | | | Van Wyck Junior High School | | L |
| Oct 21, 2024 | ivion . | Regular Season | Roy C Ketcham/ Wappingers JHS (Wappingers Junior High), Arlington (LaGrange Boys Cross Country) @ Arlington (Union Vale Boys Cross Country) | 4:30 PM | 6:30 PM | Union Vale MS | | L |

Date: 2024-10-09