

Coaches:

- Pat Mealy
- Walter Gulick

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 20, 2019	Wed	Scrimmage	@ Monroe- Woodbury	4:45 PM	8:00 PM	Monroe- Woodbury HS	Bus/Driver: Varsity only	Departure Point: Bus will leave RCK and return to RCK Departure Time: 3:15 PM Return Date: Return Time: 8:00 PM	L
Dec 3, 2019	Tue	Regular Season	Peekskill	6:00 PM	8:30 PM	RCK Gymnasium			NL
Dec 7, 2019	Sat	Regular Season	@ Clarkstown South	11:00 AM		Clarkstown South HS	Bus/Driver: V & JV share bus	Departure Point: Bus will leave RCK and return to RCK Departure Time: 8:30 AM Return Date: Return Time: 5:00 PM	L
Dec 10, 2019	Tue	Regular Season	@ Mamaroneck	6:00 PM		Palmer Gym		Departure Point: Bus will leave RCK and return to RCK Departure Time: 2:30 PM Return Date: Return Time: 8:30 PM	L
Dec 12, 2019	Thu	Regular Season	Clarkstown North	5:00 PM	8:30 PM	RCK Gymnasium			NL
Dec 20, 2019	Fri	Regular Season	Mount Vernon	6:15 PM	8:30 PM	RCK Gymnasium			NL
Jan 3, 2020	Fri	Regular Season	@ White Plains	6:00 PM		White Plains HS		Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	NL
Jan 7, 2020	Tue	Regular Season	@ Our Lady of Lourdes	6:15 PM		Arts and Athletics Center		Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 3:00 PM Return Date: Return Time: 8:30 PM	L
Jan 9, 2020	Thu	Regular Season	Mahopac	6:15 PM		RCK Gymnasium			L
Jan 13, 2020	Mon	Regular Season	North Rockland	6:15 PM	8:30 PM	RCK Gymnasium			NL
Jan 15, 2020	Wed	Regular Season	John Jay HS/ Van Wyck JHS	6:15 PM		RCK Gymnasium			L

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME		DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 17, 2020	Fri	Regular Season	@ Carmel	6:00 PM	CHS Gym		Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
Jan 22, 2020	Wed	Regular Season	@ Beacon	6:00 PM	Beacon HS		Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	L
Jan 25, 2020	Sat	Regular Season	Poughkeepsie	12:00 PM	RCK Gymnasium	l		NL
Jan 27, 2020	Mon	Regular Season	Hendrick Hudson	6:15 PM	RCK Gymnasium	l		NL
Jan 29, 2020	Wed	Regular Season	@ Arlington	5:15 PM	Arlington HS		Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:30 PM Return Date: Return Time: 9:30 PM	L
Jan 31, 2020	Fri	Regular Season	Our Lady of Lourdes	6:15 PM	RCK Gymnasium	ı		L
Feb 4, 2020	Tue	Regular Season	@ Mahopac	6:00 PM	Mahopac HS		Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:30 PM Return Date: Return Time: 9:30 PM	L
Feb 6, 2020	Thu	Regular Season	@ John Jay HS/ Van Wyck JHS		JJ Main Gymnasium	1	Departure Point: Bus to leave from RCK - NO RETURN BUS Departure Time: 4:00 PM	L
Feb 10, 2020	Mon	Regular Season	Carmel	6:15 PM	RCK Gymnasium	l		L
Feb 12, 2020	Wed	Regular Season	Arlington	5:15 PM	RCK Gymnasium			L
Feb 22, 2020	Sat	Post-Season (SECTIONALS)	@ Mahopac	2:00 PM	Mahopac HS		Departure Point: Bus will leave RCK and return to RCK Departure Time: 12:15 PM Return Date: Return Time: 5:30 PM	NL

Date: 2024-10-17