



# Roy C Ketcham/ Wappingers JHS

## (G) V Cross Country

### Coaches:

- Charlie Ropes

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Warwick Valley Big Purple Wave Mania)	TBD	8:40 AM		bowdoin park	<b>Departure Point:</b> 1 bus boys and girls travel together to Sandfordville ES <b>Departure Time:</b> 6:45 AM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	L
Sep 10, 2024	Tue	Regular Season	Arlington, Brewster, Carmel, Lakeland, Walter Panas, Mahopac, Poughkeepsie @ John Jay HS/ Van Wyck JHS	4:30 PM		Bowdoin Park	<b>Departure Point:</b> One way shuttle <b>Departure Time:</b> 3:30 PM	L
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	Lake George, Remsen (Remsen/Town of Webb), Schenectady High School, Schuylerville, Saratoga Springs High School, Maple Hill, Greenville, Shaker High School @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		L
Sep 15, 2024	Sun	Regular Season (Dutchess Classic Water Stop)	TBD	6:30 AM		TBD	<b>Departure Point:</b> No bus needed	L
Sep 28, 2024	Sat	Regular Season (Bowdoin Invitational)	TBD	9:00 AM		TBD	<b>Departure Point:</b> No bus needed	L
Oct 8, 2024	Tue	Regular Season	Arlington, Brewster, Carmel, John Jay HS/ Van Wyck JHS, Lakeland, Walter Panas, Mahopac, Poughkeepsie	4:30 PM		bowdoin park	<b>Departure Point:</b> One way shuttle	L
Oct 12, 2024	Sat	Regular Season (Burnt Hills Invite)	TBD	9:00 AM		saratoga state park	<b>Departure Point:</b> 1 bus boys and girls travel together to Saratoga State Park <b>Departure Time:</b> 5:45 AM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Oct 19, 2024	Sat	Regular Season (Section 1 Coaches Invitational)	TBD	10:00 AM		TBD	<b>Departure Point:</b> 1 bus boys and girls travel together to Milton Dome <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2024	Sat	Regular Season (Section 1 Northern Counties )	TBD	10:00 AM		TBD	<b>Departure Point:</b> 1 bus boys and girls travel together to Milton Dome <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Nov 9, 2024	Sat	Regular Season (Section 1 Championships)	TBD	10:00 AM		bowdoin park	<b>Departure Point:</b> No bus needed <b>Departure Time:</b> 10:00 AM	L
Nov 16, 2024	Sat	Regular Season (State Meet)	@ Queensbury	11:00 AM		Queensbury HS		L
Nov 23, 2024	Sat	Regular Season (Federation Meet)	TBD	12:15 PM		bowdoin park	<b>Departure Point:</b> No bus needed	L
Nov 30, 2024	Sat	Regular Season (Nike XC Regionals)	TBD	9:00 AM		bowdoin park	<b>Departure Point:</b> No bus needed	L

Date: 2024-07-23