Coaches:

• Charlie Ropes

DATE	WEEK DAY	⁽ TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 8, 2018	Sat	Regular Season	Warwick Valley	9:00 AM		RCK Cross Country Bowdoin Park	Departure Point: Bus will leave from RCK and return to RCK. Departure Time: 6:45 AM Return Date: Return Time: 2:00 PM	NL
Sep 15, 2018	Sat	Regular Season	@ Pawling	10:00 AM		Pawling HS	Departure Point: Bus will leave from RCK and return to RCK. Departure Time: 7:45 AM Return Date: Return Time: 3:00 PM	L
Oct 6, 2018	Sat	Regular Season (INVITATIONAL)		9:00 AM		Saugerties HS	Departure Point: Bus will leave from RCK and return to RCK. Departure Time: 6:45 AM Return Date: Return Time: 3:00 PM	L
Oct 13, 2018	Sat	Regular Season	@ Burnt Hills-Ballston Lake HS	9:30 AM		Saratoga Spa State Park	Departure Point: Bus will leave from RCK and return to RCK. Departure Time: 7:15 AM Return Date: Return Time: 4:00 PM	L
Oct 16, 2018	Tue	Regular Season	John Jay HS/ Van Wyck JHS, Arlington, Carmel, Mahopac @ TBD	4:15 PM		Bowdoin Park		L

Date: 2024-08-12