



Roy C Ketcham/ Wappingers JHS

(G) 7/8TH Cross Country (Wappingers Junior High)

Coaches:

- Jeremy Atkins

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|--|---|------------|----------|-----------------------------|---|---------------------|
| Sep 25, 2019 | Wed | Regular Season (Cross Country Meet @ Stringham Park) | @ Arlington (Union Vale Girls Cross Country) | 3:45 PM | | TBD | Departure Point: Bus leaves WJH and returns to WJH Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM | L |
| Oct 2, 2019 | Wed | Regular Season | John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country), Arlington (Union Vale Girls Cross Country) | 3:45 PM | | Wappingers Junior High | | L |
| POSTPONED Oct 7, 2019 | Mon | Regular Season (@ LMS) | Carmel @ Arlington (Union Vale Girls Cross Country) | 4:15 PM | 6:00 PM | LaGrange MS | Departure Point: WJH Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM | L |
| Oct 12, 2019 | Sat | Regular Season (Burnt Hills Invitational at Saratoga State Park) | @ TBD | 9:30 AM | | saratoga state park | Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 6:15 AM Return Date: Return Time: 1:00 PM | L |
| Oct 17, 2019 | Thu | Regular Season | Arlington (Union Vale Girls Cross Country) | 4:15 PM | 6:00 PM | Wappingers Junior High | | L |
| Oct 23, 2019 | Wed | Regular Season | Carmel @ John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country) | 3:45 PM | 6:00 PM | Van Wyck Junior High School | Departure Point: Bus leaves WJH and No Return Departure Time: 2:45 PM | L |
| Oct 26, 2019 | Sat | Regular Season (Section 1 Northern Counties) | @ TBD | 10:00 AM | | Pawling HS | Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 7:45 AM Return Date: Return Time: 3:00 PM | L |
| Oct 30, 2019 | Wed | Regular Season | Arlington (Union Vale Girls Cross Country) | 4:15 PM | 5:45 PM | Wappingers Junior High | | L |

Date: 2024-08-15