

Coaches:

- Donnie Shook
- Gina Carrigan

Sep 5, 2019 Thu Regular Season TBD 5:00 PM Gymnasium Regular Season TBD 5:00 PM Gymnasium L Regular Season @ Fox Lane Season PM Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 9:15 AM Leaver Return Date: Return Time: 4:00 PM Sep 9, 2019 Mon Regular Season Mount Vernon PM Regular Season PM Departure Time: 9:15 AM Leaver Return Time: 4:00 PM Sep 11, 2019 Wed Regular Season PM Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:30 AM Leaver Return Date:	
Sep 7, 2019 Sat Regular Season Pox Lane 11:00 AM TBD RCK and Returns to RCK Departure Time: 9:15 AM Return Date: Return Time: 4:00 PM Sep 9, 2019 Mon Regular Season Mount Vernon PM Regular Season RCK Departure Time: 9:15 AM Return Date: Return Time: 4:00 PM Clarkstown North HS RCK Return Time: 4:00 PM Clarkstown North HS RCK Return Time: 4:00 PM Clarkstown North HS RCK And Returns to RCK Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:30 AM Return Date: Return Date: Return Time: 9:00 PM Sep 13, 2019 Fri Regular Suffern 5:00 RCK	
Sep 9, 2019 Mon Season Mount Vernon PM Gymnasium Sep 11, 2019 Wed Regular @ Clarkstown Season North PM Clarkstown North HS PM Clarkstown North HS RCK and Returns to RCK Departure Time: 2:30 AM L Return Date: Return Time: 9:00 PM Sep 13, 2019 Fri Regular Suffern 5:00 RCK	
Sep 11, 2019 Wed Regular @ Clarkstown 5:00 Clarkstown North HS RCK and Returns to RCK Departure Time: 2:30 AM L Return Date: Return Time: 9:00 PM Sep 13, 2019 Fri Regular Suffern 5:00 RCK	
San 13 2010 Fri S Suffarn	
Season Sulletti PM Gymnasium	
Sep 16, 2019 Mon Regular @ Our Lady of Season Lourdes PM Season Lourdes PM Departure Point: Bus Leaves RCK and Returns to RCK PM Athletics Center Return Date: Return Time: 8:00 PM	
Sep 17, 2019 Tue Regular Mahopac 4:30 RCK L	
Sep 19, 2019 Thu Regular Season Carmel Regular Season A:30 PM CHS Gym CHS Gym Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	
Sep 21, 2019 Sat Regular Mamaroneck AM Palmer Gym Return Date: Regular Mamaroneck AM Palmer Gym Return Date: Return Time: 4:00 PM	L
Sep 23, 2019 Mon Regular Port Chester 5:00 RCK Season Port Chester PM Gymnasium	
Sep 24, 2019 Tue Regular Our Lady of 4:30 RCK NI Season Lourdes PM Gymnasium	L
Sep 27, 2019 Fri Regular John Jay HS/ 4:30 6:00 RCK Season Van Wyck JHS PM PM Gymnasium	
Oct 2, 2019 Wed Regular Season Arlington PM Arlington HS Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 3:00 PM L Return Date: Return Time: 8:00 PM	
Oct 5, 2019 Sat Regular Season Scarsdale PM Scarsdale HS Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 12:45 PM Return Date: Return Time: 7:00 PM	
Oct 7, 2019 Mon Regular Mahopac 4:30 PM Mahopac HS Return Date: Regular Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:30 PM L Return Date: Return Time: 9:00 PM	

DATE	WEEK	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
POSTPONED Oct 15, 2019	¹ Tue	Regular Season	@ New Rochelle	4:30 PM		NRHS Gym	Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	NL
Oct 17, 2019	Thu	Regular Season	-	6:00 PM	8:00 PM	JJ Main Gymnasium	Departure Point: Bus Leaves RCK and No Return Departure Time: 3:00 PM	L
Oct 18, 2019	Fri	Regular Season	Arlington	4:30 PM		RCK Gymnasium		L
Oct 25, 2019	Fri	Post- Season	@ Ossining	4:30 PM		Ossining HS	Departure Point: Bus Leaves RCK and Returns to RCK Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM	NL

Date: 2024-10-17