• Courtney Novick

| DATE | WEEK | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|------|---|---|---------------|-------------|-------------------------------------|--------------------------------|----------------------------|
| Sep 18, 2024 | Wed | Regular Season | Carmel @ Pawling | 4:30 PM | | Pawling HS | Departure Time: 3:30 PM | L |
| Sep 25, 2024 | Wed | Regular Season | Arlington (LaGrange Girls Cross Country), Pawling @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) | 4:30 PM | 7:00 PM | Wappingers Junior High School | Departure Time: 3:30 PM | L |
| Oct 2, 2024 | Wed | Regular Season | Pawling, Poughkeepsie, Arlington (Union Vale Girls Cross Country) | 4:30 PM | 7:00 PM | Van Wyck Junior High School | | L |
| Oct 9, 2024 | Wed | Regular Season | Arlington (LaGrange Girls Cross Country) @ Pawling | 4:30 PM | | TBD | Departure Time: 3:30 PM | L |
| Oct 16, 2024 | Wed | Regular Season | Carmel, Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) | 4:30 PM | | Van Wyck Junior High School | | L |
| Oct 18, 2024 | Fri | Regular Season (Middle School Cross Country Invitational Meet) | @ Port Chester | TBD | | SUNY Purchase | | L |

Date: 2024-07-08