

Coaches:

- Brent DiVittorio
- Glenn Miller

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|---|--|---------------|-------------|---|--|----------------------------|
| Sep 9, 2023 | Sat | Regular Season (Wave Mania) | @ Warwick Valley | TBD | | Warwick Valley HS | Departure Time: 7:00 AM Return Date: Return Time: 2:15 PM | L |
| Sep 12, 2023 | Tue | Regular Season (Mega Duel-Meet) | Carmel, Mahopac, Poughkeepsie, Roy C Ketcham/ Wappingers JHS @ Arlington | 4:15 PM | | bowdoin park | Departure Time: 3:30 PM Return Date: Return Time: 6:30 PM | L |
| Sep 20, 2023 | Wed | Practice (JJ Track to) | N/A | 3:00 PM | | Sharpe Reservation | Departure Time: 2:30 PM | |
| Sep 23, 2023 | Sat | Regular Season (Invitational) | @ Suffern | 8:00 AM | | Bear Mouintain State Park | Departure Time: 6:30 AM Return Date: Return Time: 2:00 PM | NL |
| Sep 27, 2023 | Wed | Practice (JJ Track to) | N/A | 3:00 PM | | Sharpe Reservation | Departure Time: 2:30 PM | |
| POSTPONED Sep 30, 2023 |) Sat | Regular Season (Return to Milton Invitational) | @ Pearl River | TBD | | Hudson Valley Sportsdome Complex 240 Milton Turnpike Milton, NY | Departure Time: 7:45 AM Return Date: Return Time: 2:45 PM | L |
| Oct 2, 2023 | Mon | Practice (JJ Track to) | N/A | 3:00 PM | | Sharpe Reservation | Departure Time: 2:30 PM | |
| Oct 8, 2023 | Sun | Regular Season (Brewster Bear Cross Country Classic) | @ Brewster | TBD | | Brewster HS | Departure Time: 8:30 AM Return Date: Return Time: 3:30 PM | L |
| Oct 10, 2023 | Tue | Regular Season | Roy C Ketcham/ Wappingers JHS, Carmel, Mahopac, Poughkeepsie @ Arlington | 4:15 PM | 6:30 PM | bowdoin park | Departure Time: 2:50 PM | L |
| Oct 16, 2023 | Mon | Practice (JJ Track to) | N/A | 3:00 PM | | Sharpe Reservation | Departure Time: 2:30 PM | |
| Oct 21, 2023 | Sat | Regular Season (WRDPTF Invitational) | @ Pearl River | TBD | | Bowdoin Park | Departure Time: 8:30 AM | L |
| Oct 23, 2023 | Mon | Practice (JJ Track to) | N/A | 3:00 PM | | Sharpe Reservation | Departure Time: 2:30 PM | |
| Oct 28, 2023 | Sat | Regular Season (Northern Counties Championship) | @ Arlington | 10:00 AM | | Milton Sports Dome | Departure Time: 8:30 AM Return Date: Return Time: 12:00 PM | L |
| Oct 30, 2023 | Mon | Practice (JJ Track to) | N/A | 3:00 PM | | Fishkill Farms | Departure Time: 2:30 PM | |

Date: 2024-08-22