



# Norwich

## (B) V Cross Country

### Coaches:

- Shaun Horan, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice (Boys/Girls XC Practice )	N/A	9:00 AM	11:00 AM	Stamford Gibson Athletic Field			
Aug 27, 2024	Tue	Practice (Boys/Girls XC Practice )	N/A	9:00 AM	11:00 AM	Stamford Gibson Athletic Field			
Aug 28, 2024	Wed	Practice (Boys/Girls XC Practice )	N/A	9:00 AM	11:00 AM	Stamford Gibson Athletic Field			
Aug 29, 2024	Thu	Practice (Boys/Girls XC Practice )	N/A	9:00 AM	11:00 AM	Stamford Gibson Athletic Field			
Aug 30, 2024	Fri	Practice (Boys/Girls XC Practice )	N/A	9:00 AM	11:00 AM	Stamford Gibson Athletic Field			
Sep 7, 2024	Sat	Regular Season (Yellow Jacket XC Invitational @ Fortin Park Oneonta )	@ TBD	9:00 AM		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 8:00 AM		L
Sep 13, 2024	Fri	Regular Season (Owego XC Night Invite 2024 @ Owego Free Academy )	@ TBD	6:00 PM	9:30 PM	TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 4:00 PM		L
Sep 17, 2024	Tue	Regular Season (MAC meet (Unadilla Valley))	@ TBD	TBD		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 3:30 PM		L
Sep 21, 2024	Sat	Regular Season (2024 Conwicke-Stock XC Invitational @ Ann McGuinness Elementary School Rt 26, Endicott )	@ TBD	10:00 AM		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 8:15 AM		L
Sep 24, 2024	Tue	Regular Season (MAC Meet @ Edmeston - Pathfinder Village)	@ TBD	TBD		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 3:30 PM		L
Sep 28, 2024	Sat	Regular Season (E.J. Herrmann Invitational @ Proctor Park Utica)	@ TBD	TBD		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 7:30 AM		L
Oct 1, 2024	Tue	Regular Season (MAC Meet @ General Clinton Park - Bainbridge )	@ TBD	TBD		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 3:30 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 5, 2024	Sat	Regular Season (McDaniel - Baxter XC Invitational Chenango Valley High School )	@ TBD	TBD		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 7:30 AM		L
Oct 12, 2024	Sat	Regular Season (Norwich Tornado 5000)	TBD	TBD		TBD			L
Oct 19, 2024	Sat	Regular Season (Marathon Invite-Appleby Elementary School )	@ TBD	8:45 AM		TBD	<b>Departure Point:</b> High School Gym Doors <b>Departure Time:</b> 7:00 AM		L
Oct 19, 2024	Sat	Regular Season (Marathon Invite-Appleby Elementary School )	@ TBD	TBD		TBD	<b>Departure Point:</b> NHS Gym <b>Departure Time:</b> 7:15 AM		L
Oct 22, 2024	Tue	Regular Season (Whitney Point Invite)	@ TBD	TBD		TBD	<b>Class Dismissal:</b> 2:15 PM	<b>Departure Point:</b> NHS Gym <b>Departure Time:</b> 2:30 PM	L
Oct 26, 2024	Sat	Regular Season (STAC Championships - Fortin Park Oneonta )	@ TBD	TBD		TBD	<b>Departure Point:</b> NHS Gym <b>Departure Time:</b> 9:00 AM		L
Nov 2, 2024	Sat	Regular Season (2024 Battle of Hynes Hilll XC Invitational @Endicott NY )	@ TBD	8:50 AM		TBD	<b>Departure Point:</b> NHS Gym <b>Departure Time:</b> 6:30 AM		L
Nov 7, 2024	Thu	Regular Season (Section IV State Qualifiers @ Chenango Valley State Park)	@ TBD	TBD		TBD	<b>Class Dismissal:</b> 10:15 AM	<b>Departure Point:</b> NHS Gym <b>Departure Time:</b> 10:30 AM	L
Nov 16, 2024	Sat	Regular Season (NYSPHSAA Championships @Queensbury High School Friday/Saturday )	@ TBD	TBD		TBD	<b>Bus/Driver:</b> Van Needed <b>Class Dismissal:</b> 9:45 AM	<b>Departure Point:</b> NHS Gym <b>Departure Time:</b> 10:00 AM	L

Date: 2024-08-16