



Norwich

(B) 7/8TH Cross Country

Coaches:

- Shaun Horan, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Yellow Jacket XC Invitational @ Fortin Park Oneonta)	@ TBD	9:00 AM		TBD	Departure Point: High School Gym Doors Departure Time: 8:00 AM		L
Sep 13, 2024	Fri	Regular Season (Owego XC Night Invite 2024 @ Owego Free Academy)	@ TBD	6:00 PM	9:30 PM	TBD	Departure Point: High School Gym Doors Departure Time: 4:00 PM		L
Sep 17, 2024	Tue	Regular Season (MAC meet (Unadilla Valley))	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 3:30 PM		L
Sep 21, 2024	Sat	Regular Season (2024 Conwicke-Stock XC Invitational @ Ann McGuinness Elementary School Rt 26, Endicott)	@ TBD	10:00 AM		TBD	Departure Point: High School Gym Doors Departure Time: 8:15 AM		L
Sep 24, 2024	Tue	Regular Season (MAC Meet @ Edmeston - Pathfinder Village)	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 3:30 PM		L
Sep 28, 2024	Sat	Regular Season (E.J. Herrmann Invitational @ Proctor Park Utica)	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 7:30 AM		L
Oct 1, 2024	Tue	Regular Season (MAC Meet @ General Clinton Park - Bainbridge)	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 3:30 PM		L
Oct 5, 2024	Sat	Regular Season (McDaniel - Baxter XC Invitational Chenango Valley High School)	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 7:30 AM		L
Oct 12, 2024	Sat	Regular Season (Norwich Tornado 5000)	TBD	TBD		TBD			L
Oct 19, 2024	Sat	Regular Season (Marathon Invite-Appleby Elementary School)	@ TBD	TBD		TBD	Departure Point: NHS Gym Departure Time: 7:15 AM		L
Oct 22, 2024	Tue	Regular Season (Whitney Point Invite)	@ TBD	TBD		TBD	Class Dismissal: 2:15 PM Departure Point: NHS Gym Departure Time: 2:30 PM		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2024	Sat	Post-Season (STAC Championship @ Fortin Park)	Horseheads, Corning High, Elmira, Ithaca, Binghamton, Johnson City, Maine-Endwell, Union-Endicott, Vestal, Chenango Valley, Owego Apalachin, Seton Catholic Central, Waverly, Susquehanna Valley, Windsor @ Oneonta	9:00 AM		TBD	Departure Point: NHS Gym Doors Departure Time: 10:00 AM		NL
Oct 26, 2024	Sat	Regular Season (STAC Championships - @ Fortin Park Oneonta)	@ TBD	TBD		TBD	Departure Point: NHS Gym Departure Time: 9:00 AM		L
Nov 7, 2024	Thu	Regular Season (Section IV State Qualifiers @ Chenango Valley State Park)	@ TBD	TBD		TBD	Class Dismissal: 10:15 AM Departure Point: NHS Gym Departure Time: 10:30 AM		L
Nov 16, 2024	Sat	Regular Season (NYSPHSAA Championships @Queensbury High School Friday/Saturday)	@ TBD	TBD		TBD	Bus/Driver: Van Needed Class Dismissal: 9:45 AM Departure Point: NHS Gym Departure Time: 10:00 AM		L

Date: 2024-09-18