

Coaches:

- Garett Sylstra, Head Coach
- Luke Marvin, Asst Coach
- Frankie Garcia, Asst Coach
- Joe Downey, Volunteer

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Nov 15, 2021	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 16, 2021	Tue	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 17, 2021	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 18, 2021	Thu	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 19, 2021	Fri	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 20, 2021	Sat	Practice (Wrestling Practice)	N/A	10:00 AM	12:00 PM	Wrestling Room	
Nov 22, 2021	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 23, 2021	Tue	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 24, 2021	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 26, 2021	Fri	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 27, 2021	Sat	Practice (Wrestling Practice)	N/A	10:00 AM	12:00 PM	Wrestling Room	
Nov 29, 2021	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Nov 30, 2021	Tue	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	
Dec 1, 2021	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 2, 2021	Thu	Regular Season 48-18 W	@ Susquehanna Valley	6:30 PM	9:00 PM	SVHS Gym		Departure Point: High School Gym Doors Departure Time: 3:45 PM	L
Dec 3, 2021	Fri	Regular Season (Clyde Cole Tournament (Oxford Academy))	@ TBD	TBD		TBD	Class Dismissal: 3:00 PM	Departure Point: High School Gym Doors Departure Time: 3:15 PM	NL
Dec 4, 2021	Sat	Regular Season (Clyde Cole Tournament (Oxford Academy))	@ TBD	TBD		TBD		Departure Point: High School Gym Doors Departure Time: 7:30 AM	NL
Dec 6, 2021	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Dec 7, 2021	Tue	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Dec 8, 2021	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Dec 9, 2021	Thu	Regular Season 30-39 L	Windsor	6:30 PM	9:00 PM	NHS Gym			L
Dec 10, 2021	Fri	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Dec 11, 2021	Sat	Regular Season (Coach K Duals)	Greene (Greene/Oxford)	9:30 AM		NHS Gym			NL
Dec 11, 2021	Sat	Regular Season (Coach K Tournament)	TBD	9:30 AM		NHS Gym			NL
Dec 11, 2021	Sat	Regular Season (Coach K Duals)	Canastota	10:00 AM		NHS Gym			NL
Dec 13, 2021	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Dec 14, 2021	Tue	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Dec 14, 2021	Tue	Regular Season	Harpursville (Bears)	6:00 PM		NHS Gym			L
Dec 15, 2021	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 16, 2021	Thu	Regular Season 39-20 W	Chenango Valley	6:30 PM	9:00 PM	NHS Gym		L
Dec 17, 2021	Fri	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Dec 18, 2021	Sat	Practice (Wrestling Practice)	N/A	10:00 AM	12:00 PM	Wrestling Room		
Dec 20, 2021	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Dec 21, 2021	Tue	Regular Season	@ Owego Apalachin	6:30 PM	9:00 PM	OFA Gymnasium	Departure Point: High School Gym Doors Departure Time: 3:45 AM	L
Dec 22, 2021	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Dec 23, 2021	Thu	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Dec 27, 2021	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Dec 28, 2021	Tue	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Dec 29, 2021	Wed	Regular Season (Windsor Christmas Tournament)	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 1:30 PM	NL
Dec 30, 2021	Thu	Regular Season (Windsor Christmas Tournament)	@ TBD	TBD		TBD	Departure Point: High School Gym Doors Departure Time: 6:30 AM	NL
Dec 31, 2021	Fri	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Jan 3, 2022	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Jan 5, 2022	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		
Jan 6, 2022	Thu	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room		

DATE	WEEK	TYPE	OPPONENTS	START		LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-
DAIL	DAY		OI I ONLINIS	TIME	TIME	LOGATION	DEI AITTONE	THANGI OITTATION	LEAGUE
Jan 7, 2022	Fri	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
POSTPONED Jan 8, 2022	Sat	Regular Season (Saratoga Invitational)	@ TBD	TBD		TBD		Departure Point: Highschool Gym Doors Departure Time: 5:30 AM	NL
Jan 10, 2022	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Jan 11, 2022	Tue	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Jan 12, 2022	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Jan 13, 2022	Thu	Regular Season	@ Oneonta	6:30 PM	9:00 PM	Oneonta High School		Departure Point: High School Gym Doors Departure Time: 4:30 PM	L
Jan 17, 2022	Mon	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Jan 18, 2022	Tue	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Jan 19, 2022	Wed	Practice (Varsity Wrestling Practice)	N/A	3:45 PM	5:45 PM	Wrestling Room			
Jan 20, 2022	Thu	Regular Season 30-40 L	Delaware Academy (WDA)	6:00 PM		NHS Gym			NL
Jan 20, 2022	Thu	Regular Season	Harpursville (Bears)	7:00 PM	8:30 PM	NHS Gym			L
Jan 26, 2022	Wed	Regular Season	Sherburne- Earlville	6:30 PM	8:30 PM	NHS Gym			NL
POSTPONED Jan 27, 2022	Thu	Regular Season	Chenango Forks	6:30 PM	9:00 PM	NHS Gym			L

Date: 2024-07-27