



# Onondaga Central Girls Varsity Cross Country 2023 - 2024

Athletics Director: Tim Mumford  
Assistant: Tricia Burdick

4479 South Onondaga Rd  
Nedrow, NY, 13120  
(315) 552-5020 ext. 4  
<http://www.ocs.cnyric.org/athletics.cfm>

## Coaches:

- Dennis O'Rourke

## Players (8)

NAME	GRADE
Adeline Spencer	10
Madelyn Schultz	12
Mackenzie Schmidt	12
Emalie Rhyant	10
Kendal Marsh	10
Olivia Doshna	10
Amani Donze	10
Grace Bennett	10