



# Onondaga Central Girls 7th/8th Cross Country 2024 - 2025

Athletics Director: Tim Mumford  
Assistant: Tricia Burdick

4479 South Onondaga Rd  
Nedrow, NY, 13120  
(315) 552-5020 ext. 4  
<http://www.ocs.cnyric.org/athletics.cfm>

## Coaches:

- Lynne Richer

## Players (7)

NAME	GRADE
Kara Adams	7
Jansen Brooks	7
Emily Fikes	8
Maxine Gonnella	7
Katie Newton	8
Amelia Steul	8
Penelope Veri	8