

# Frederick Douglass High

## (B) V Cross Country

### Coaches:

- Darryl E Harway

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2024	Wed	Regular Season (PG Meet #1)	@ TBD	4:00 PM	7:00 PM	Fort Washington Park	<b>Bus/Driver:</b> PGCPS Athletics	<b>Departure Point:</b> Gym <b>Departure Date:</b> Sep 11, 2024 <b>Departure Time:</b> 1:30 PM <b>Return Date:</b> Sep 11, 2024 <b>Return Time:</b> 7:00 PM	L
Sep 18, 2024	Wed	Regular Season (PG Meet #2)	@ TBD	4:00 PM	7:00 PM	Fort Washington Park	<b>Bus/Driver:</b> PGCPS Athletics	<b>Departure Point:</b> Gym <b>Departure Date:</b> Sep 18, 2024 <b>Departure Time:</b> 1:30 PM <b>Return Date:</b> Sep 18, 2024 <b>Return Time:</b> 7:00 PM	L
Sep 28, 2024	Sat	Regular Season (PG Invitational)	@ TBD	10:00 AM	2:00 PM	Fort Washington Park	<b>Bus/Driver:</b> PGCPS Athletics	<b>Departure Point:</b> Gym <b>Departure Date:</b> Sep 28, 2024 <b>Departure Time:</b> 8:30 AM <b>Return Date:</b> Sep 28, 2024 <b>Return Time:</b> 2:00 PM	L
Oct 2, 2024	Wed	Regular Season (Dual Meet #1)	@ TBD	3:00 PM	6:00 PM	Fort Washington Park	<b>Bus/Driver:</b> PGCPS Athletics	<b>Departure Point:</b> Gym <b>Departure Date:</b> Oct 2, 2024 <b>Departure Time:</b> 1:00 PM <b>Return Date:</b> Oct 2, 2024 <b>Return Time:</b> 6:00 PM	L
Oct 10, 2024	Thu	Regular Season (Dual Meet #2)	@ TBD	3:00 PM	6:00 PM	Patuxent Park MD	<b>Bus/Driver:</b> PGCPS Athletics	<b>Departure Point:</b> Gym <b>Departure Date:</b> Oct 10, 2024 <b>Departure Time:</b> 1:00 PM <b>Return Date:</b> Oct 10, 2024 <b>Return Time:</b> 6:00 PM	L
Oct 16, 2024	Wed	Regular Season (PG County Championship)	@ TBD	3:00 PM	6:00 PM	Fort Washington Park	<b>Bus/Driver:</b> PGCPS Athletics	<b>Departure Point:</b> Gym <b>Departure Date:</b> Oct 16, 2024 <b>Departure Time:</b> 1:00 PM <b>Return Date:</b> Oct 16, 2024 <b>Return Time:</b> 6:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 31, 2024	Thu	Regular Season (Regionals)	@ TBD	3:00 PM	6:00 PM	Fort Washington Park	<b>Bus/Driver:</b> PGCPS Athletics	<b>Departure Point:</b> Gym <b>Departure Date:</b> Oct 31, 2024 <b>Departure Time:</b> 1:00 PM <b>Return Date:</b> Oct 31, 2024 <b>Return Time:</b> 6:00 PM	L
Nov 9, 2024	Sat	Regular Season (State Championship)	@ Hereford High	9:00 AM	1:00 PM	Hereford High	<b>Bus/Driver:</b> PGCPS Athletics	<b>Departure Point:</b> Gym <b>Departure Date:</b> Nov 9, 2024 <b>Departure Time:</b> 6:30 AM <b>Return Date:</b> Nov 9, 2024 <b>Return Time:</b> 1:00 PM	L

Date: 2024-07-18