

Coaches:

• Brianna Goff, Head Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|---|-------------|-------------|---|--|----------------------------|
| Aug 29, 2019 | Thu | Regular Season (Cazenovia Trail Run) | @ TBD | 6:00 PM | | Cazenovia Googin/Fenner X-C Course | Departure Point: front bus loop Departure Time: 3:55 PM | NL |
| Sep 7, 2019 | Sat | Regular Season (VVS Invitational) | @ TBD | 12:55 PM | | Cross Country Course | Departure Point: front bus loop Departure Time: 8:45 AM | NL |
| Sep 11, 2019 | Wed | Regular Season (Multi-Meet) | Tully @ Onondaga Central | 4:30 PM | | Cross Country Trail | Departure Point: front bus loop Departure Time: 2:45 PM | L |
| Sep 14, 2019 | Sat | Regular Season (ESM Invitational) | @ TBD | 9:00 AM | | Pine Grove Cross Country Track | Departure Point: front bus loop Departure Time: 7:20 AM | NL |
| Sep 17, 2019 | Tue | Regular Season | Cato-Meridian (Blue Devils), Manlius Pebble Hill | 4:30 PM | | Heritage Park Trail | | L |
| Sep 21, 2019 | Sat | Regular Season (Baldwinsville invitational) | @ TBD | 10:00 AM | | Bville - Durgee Cross Country Trail | Departure Point: front bus loop Departure Time: 8:30 AM | NL |
| Sep 25, 2019 | Wed | Regular Season | LaFayette @ Pulaski | 4:30 PM | | Selkirk State Park | Departure Point: front bus loop Departure Time: 2:30 PM | L |
| Oct 1, 2019 | Tue | Regular Season | Bishop Grimes @ Weedsport | 4:30 PM | | Weedsport Jr Sr. High School | Departure Point: front bus loop Departure Time: 3:20 PM | L |
| Oct 5, 2019 | Sat | Regular Season (Tully Invitational) | @ TBD | 9:40 AM | | Tully XC Course | Departure Point: front bus loop Departure Time: 7:00 AM | NL |
| Oct 9, 2019 | Wed | Regular Season | Fabius-Pompey @ Faith Heritage | 4:30 PM | | Faith Heritage | Departure Point: front bus loop Departure Time: 2:45 PM | L |
| Oct 11, 2019 | Fri | Regular Season (Bob Greene Invitational) | Athens, Blue Ridge, Chenango Valley, Corning-Painted Post, Delaware Academy, Elk Lake, Notre Dame, Elmira, Ithaca, Johnson City, Lansing, Seneca Falls, Seton Catholic Central, Southern Cayuga, Tioga, Tully, West Genesee, Windsor, Horseheads @ Newark Valley | | | Newark Valley High School | Departure Time: 1:00 PM | NL |

| DATE | WEE! DAY | ⁽ ТҮРЕ | OPPONENTS | START END TIME TIMI | | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|--|------------------------|---|--|----------------------------|
| Oct 23, 2019 | Wed | Regular Season (League Meet) | Weedsport, Bishop Grimes, Pulaski, Bishop Ludden, Onondaga Central, Faith Heritage, LaFayette, Fabius- Pompey, Manlius Pebble Hill, Tully @ Cato-Meridian (Blue Devils) | 5:00 PM | Cato-Meridian Jr. Sr H S Gym | Departure Point: front bus loop Departure Time: 2:30 PM | L |
| Oct 26, 2019 | Sat | Regular Season (Cato-Meridian Invitational) | @ TBD | 10:00 AM | Cato-Meridian Jr. Sr H S Gym | Departure Point: front bus loop Departure Time: 8:45 AM | NL |
| Nov 9, 2019 | Sat | Post-Season (Sectional Finals) | @ TBD | 10:00 AM | Cross Country Course | Departure Point: front bus loop Departure Time: 8:30 AM | NL |
| Nov 16, 2019 | Sat | Post-Season | @ TBD | 10:30 AM | SUNY Plattsburg - Stafford Ice Arena | Departure Point: front bus loop | NL |

Date: 2024-11-22