



Pulaski

(G) V Cross Country

Coaches:

- Julianna Isgar

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---------------------------------------|--|------------|----------|-------------------------------------|-----------------------------------|---------------------|
| Aug 26, 2019 | Mon | Practice | N/A | 7:00 AM | 9:00 AM | Pulaski H S | | |
| Aug 27, 2019 | Tue | Practice | N/A | 7:00 AM | 9:00 AM | Pulaski H S | | |
| Aug 28, 2019 | Wed | Practice | N/A | 7:00 AM | 9:00 AM | Pulaski H S | | |
| Aug 29, 2019 | Thu | Practice | N/A | 7:00 AM | 9:00 AM | Pulaski H S | | |
| Aug 30, 2019 | Fri | Practice | N/A | 7:00 AM | 9:00 AM | Pulaski H S | | |
| Sep 3, 2019 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Sep 4, 2019 | Wed | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Sep 5, 2019 | Thu | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Sep 6, 2019 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | TBD | | |
| Sep 11, 2019 | Wed | Regular Season | Faith Heritage, Bishop Grimes, Manlius Pebble Hill | 4:30 PM | | Selkirk State Park | | L |
| Sep 18, 2019 | Wed | Regular Season | Tully @ Weedsport | 4:30 PM | | Weedsport Jr.-Sr. High School | Departure Time: 2:15 PM | L |
| Sep 21, 2019 | Sat | Regular Season (Baldwinsville Invite) | @ TBD | 10:00 AM | | Bville - Durgee Cross Country Trail | | L |
| Sep 25, 2019 | Wed | Regular Season | Port Byron (Port Byron/Union Springs), LaFayette | | TBD | Selkirk State Park | | L |
| Sep 28, 2019 | Sat | Regular Season (EJ Herrmann Invite) | @ TBD | 10:40 AM | | Proctor Park | Departure Time: 6:45 AM | L |
| Oct 2, 2019 | Wed | Regular Season | @ Fabius-Pompey | 4:30 PM | | Highland Forest | Departure Time: 2:15 PM | L |
| Oct 9, 2019 | Wed | Regular Season | Onondaga Central @ Cato-Meridian (Blue Devils) | 4:30 PM | | Cato-Meridian Jr. Sr H S Gym | Departure Time: 2:30 PM | L |
| Oct 12, 2019 | Sat | Regular Season (Beaver River Invite) | @ TBD | 10:50 AM | | Beaver River H S | Departure Time: 7:15 AM | L |
| Oct 23, 2019 | Wed | Post-Season (Patriot Meet (Leagues)) | TBD | 4:00 PM | | TBD | | L |
| Oct 23, 2019 | Wed | Regular Season | Port Byron (Port Byron/Union Springs), Weedsport, Bishop Grimes, Bishop Ludden, Onondaga Central, Faith Heritage, LaFayette, Fabius-Pompey, Tully, Manlius Pebble Hill @ Cato-Meridian (Blue Devils) | 4:30 PM | | Cato-Meridian Jr. Sr H S Gym | | L |

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|--------------|----------|--|--------------|------------|----------|----------------------|-----------------------------|---------------------|
| Oct 26, 2019 | Sat | Meet (The John Bernard (Adirondack) XC Invitational) | Vs. Multiple | 9:00 AM | 1:30 PM | Adirondack HS | | NL |
| Nov 9, 2019 | Sat | Post-Season (Sectional Meet) | TBD | 1:20 PM | | Cross Country Course | | L |

Date: 2024-07-22