

## Coaches:

- Taylor Koehler, Head Coach
- Julianna Isgar, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE I / NON- LEAGUE
Mar 21, 2022	Mon	Practice	N/A	3:00 PM		Pulaski HS GYM		
Mar 22, 2022	Tue	Practice	N/A	4:00 PM		Pulaski HS GYM		
Mar 23, 2022	Wed	Practice	N/A	3:00 PM		Pulaski HS GYM		
Mar 24, 2022	Thu	Practice	N/A	4:00 PM		Pulaski HS GYM		
Mar 25, 2022	Fri	Practice	N/A	3:00 PM		Pulaski HS GYM		
Mar 26, 2022	Sat	Practice	N/A	8:00 AM		Pulaski HS GYM		
Mar 28, 2022	Mon	Practice	N/A	3:00 PM		Pulaski HS GYM		
Mar 29, 2022	Tue	Practice	N/A	4:00 PM		Pulaski HS GYM		
Mar 31, 2022	Thu	Practice	N/A	4:00 PM		Pulaski HS GYM		
Apr 1, 2022	Fri	Practice	N/A	3:00 PM		Pulaski HS GYM		
Apr 2, 2022	Sat	Practice	N/A	8:00 AM		Pulaski HS GYM		
Apr 4, 2022	Mon	Practice	N/A	3:00 PM		Pulaski HS GYM		
Apr 6, 2022	Wed	Practice	N/A	3:00 PM		Pulaski HS GYM		
Apr 7, 2022	Thu	Practice	N/A	4:00 PM		Pulaski HS GYM		
Apr 8, 2022	Fri	Practice	N/A	3:00 PM		Pulaski HS GYM		
Apr 9, 2022	Sat	Practice	N/A	8:00 AM		Pulaski HS GYM		
Apr 12, 2022	Tue	Meet (Westhill Spring Break Invitational 2022)	Vs. Multiple	1:00 PM		Westhill HS Stadium / Track	<b>Departure Time:</b> 11:00 AM	NL
Apr 18, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Pulaski HS GYM		
Apr 19, 2022	Tue	Practice	N/A	4:00 PM	5:00 PM	Pulaski HS GYM		
Apr 20, 2022	Wed	Regular Season (Varsity Outdoor Track)	Cato-Meridian (Blue Devils)	4:30 PM		Pulaski HS Track		L
Apr 21, 2022	Thu	Practice	N/A	4:00 PM		Pulaski HS GYM		
Apr 22, 2022	Fri	Practice	N/A	3:00 PM		Pulaski HS GYM		
Apr 23, 2022	Sat	Practice	N/A	8:00 AM	9:00 AM	Pulaski HS GYM		
Apr 25, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Pulaski HS GYM		
Apr 26, 2022	Tue	Regular Season	Bishop Ludden, Weedsport	4:30 PM		Pulaski MS/HS Stadium		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 27, 2022	Wed	Practice	N/A	3:00 PM	4:00 PM	Pulaski HS GYM		
Apr 28, 2022	Thu	Practice	N/A	4:00 PM	5:00 PM	Pulaski HS GYM		
Apr 29, 2022	Fri	Practice	N/A	3:00 PM	4:00 PM	Pulaski HS GYM		
Apr 30, 2022	Sat	Practice	N/A	8:00 AM	9:00 AM	Pulaski HS GYM		
Apr 30, 2022	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	5:30 PM	Chittenango HS- Stadium	Departure Time: 11:00 AM	NL
May 4, 2022	Wed	Regular Season	Manlius Pebble Hill, Syracuse Academy of Science	4:30 PM		Pulaski MS/HS Stadium		L
May 9, 2022	Mon	Regular Season	@ Port Byron	4:30 PM		Port Byron Track and Field	<b>Departure Time:</b> 2:45 PM	L
May 11, 2022	Wed	Regular Season (NL Meet)	Cincinnatus, Syracuse Academy of Science @ Tully	4:30 PM	7:00 PM	Tully HS Track	Departure Time: 3:00 PM	NL
May 18, 2022	Wed	Regular Season (League Meet)	Manlius Pebble Hill, Onondaga Central, Tully, Fabius-Pompey, Faith Heritage, Cincinnatus, DeRuyter, Cato-Meridian (Blue Devils), Weedsport, Syracuse Academy of Science, Bishop Ludden @ Port Byron	4:00 PM		Port Byron Track and Field	<b>Departure Time:</b> 1:30 PM	L

Date: 2024-11-29