



Remsen

(G) V Cross Country (Remsen/Town of Webb)

Coaches:

- Fay Harper

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero- North Syracuse, DeRuyter, Dolgeville, Fabius- Pompey, Fayetteville-Manlius, Holland Patent, Homer, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona- Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	Lake George, Roy C Ketcham/ Wappingers JHS, Schenectady High School, Schuylerville, Saratoga Springs High School, Maple Hill, Greenville, Shaker High School, Delaware Academy, Shenendehowa High School, Adirondack, Gloversville, Broadalbin-Perth, South Lewis, Scotia-Glenville, Vernon-Verona-Sherrill, Ballston Spa High School, Ballston Spa High School, Waterville, Auburn, Colonie High School, Beaver River, Oneida @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Departure Time: 9:15 AM	NL
Sep 18, 2024	Wed	Regular Season	Sauquoit Valley, Waterville @ Westmoreland	4:30 PM	8:30 PM	Westmoreland H S	Departure Time: 3:00 PM	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:00 AM	6:30 PM	Bville - Durgee Cross Country Trail	Departure Time: 8:00 AM	NL
Sep 25, 2024	Wed	Regular Season	Canastota, Dolgeville @ West Canada Valley	4:30 PM		WC High School	Departure Time: 3:15 PM	L
Sep 28, 2024	Sat	Regular Season (EJ Herrmann Invitational)	@ Utica Proctor	9:30 AM		Proctor Park		NL
Oct 2, 2024	Wed	Regular Season	New York Mills, Owen D. Young (Richfield/ODY) @ Herkimer	4:30 PM		Herkimer County CC	Departure Time: 3:00 PM	L
Oct 5, 2024	Sat	Regular Season (Saratoga Invitational)	@ Saratoga Springs High School	10:30 AM		Pitney Meadows Community Farm		NL
Oct 9, 2024	Wed	Regular Season	Hamilton, Sherburne-Earlville, Cooperstown, Mount Markham @ Clinton	4:30 PM		TBD	Departure Time: 3:00 PM	L
Oct 12, 2024	Sat	Regular Season (Vernon-Verona-Sherrill Invitational)	@ Vernon-Verona-Sherrill	9:00 AM		Cross Country Course		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 26, 2024	Sat	Regular Season (Center State Conference Championships)	Clinton, Canastota, Owen D. Young (Richfield/ODY), Poland, Hamilton, Adirondack, Sherburne-Earlville, Herkimer, West Canada Valley, TBD, Mount Markham, Dolgeville, Little Falls, New York Mills, Sauquoit Valley, Waterville @ Westmoreland	TBD	8:30 PM	Westmoreland H S		L
Nov 9, 2024	Sat	Post-Season (Section III Championships)	@ Mount Markham	TBD		Mount Markham HS		NL

Date: 2024-09-13