



Rome Free Academy

(G) V Gymnastics

Coaches:

- Kevin Perrone, Head Coach
- Kaelei Spoor, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2019	Mon	Regular Season 110-145 L	@ New Hartford	4:00 PM		Valley Gymnastics	Bus/Driver: Birnie Bus	Departure Point: RFA High School Dart Circle Departure Time: 3:15 PM Return Date: Return Time: 7:00 PM	L
Sep 14, 2019	Sat	Regular Season	@ Oriskany (Whitesboro/ Mohawk Valley)	4:30 PM		Valley Gymnastics			L
Sep 14, 2019	Sat	Regular Season 106-140 L	Whitesboro	4:30 PM		Valley Gymnastics	Bus/Driver: RCSD/Marnie 315-335- 2667	Departure Point: 95 Dart Circle Departure Time: 3:40 PM	L
Sep 23, 2019	Mon	Regular Season	@ East Syracuse Minoa (ESM/Lpool)	5:30 PM		ESM High School - Gym 1	Bus/Driver: Birnie Bus	Departure Point: RFA High School Dart Circle Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	NL
Sep 28, 2019	Sat	Regular Season 36-107 L	@ Utica Proctor	4:30 PM		Valley Gymnastics	Bus/Driver: BBS - Change as of 9/27	Departure Point: RFA High School Dart Circle Departure Time: 3:40 PM Return Date: Return Time: 7:30 PM	L
Oct 3, 2019	Thu	Regular Season	@ Jamesville- Dewitt (JD/FM Gymnastics)	5:00 PM	8:00 PM	JD HS West Gym	Bus/Driver: Birnie Bus	Departure Point: RFA High School Dart Circle Departure Time: 3:40 PM Return Date: Return Time: 8:00 PM	L
Oct 5, 2019	Sat	Regular Season (Breast Cancer Invitational)	@ Utica Proctor	4:00 PM		Valley Gymnastics	Bus/Driver: RCSD/Marnie	Departure Point: 95 Dart Circle Departure Time: 3:00 PM	L
Oct 5, 2019	Sat	Regular Season	Whitesboro, Utica Proctor, East Syracuse Minoa (ESM/Lpool), Central Square @ New Hartford	4:00 PM		Valley Gymnastics			L
Oct 15, 2019	Tue	Regular Season (**SENIOR NIGHT**)	@ Baldwinsville	5:00 PM	7:30 PM	Bville - Baker Gym 3&4	Bus/Driver: Birnie Bus	Departure Point: RFA High School Dart Circle Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 18, 2019	Fri	Post-Season (Sectionals at Valley Gymnastics)	TBD	10:00 AM		TBD	Bus/Driver: Birnie Bus	Departure Point: RFA High School Dart Circle Departure Time: 8:30 AM	L

Date: 2024-08-16