



# Rome Free Academy

## (B) V Swimming/Diving

### Coaches:

- Michelle Browne, Head Coach
- James Ray, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 15, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed- RCSD-Justin 315-335-8742	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Nov 16, 2021	Tue	Practice (Practice @ NYSSD)	N/A	2:30 PM	4:30 PM	NY State School for the Deaf	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed		
Nov 17, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed- RCSD	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Nov 18, 2021	Thu	Practice (Practice @ NYSSD)	N/A	2:30 PM	4:30 PM	NY State School for the Deaf	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed		
Nov 19, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed- RCSD	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Nov 20, 2021	Sat	Practice (Practice @ NYSSD)	N/A	8:00 AM	10:00 AM	NY State School for the Deaf			
Nov 22, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed- RCSD	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Nov 23, 2021	Tue	Practice (Practice @ NYSSD)	N/A	2:30 PM	4:30 PM	NY State School for the Deaf	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed		
Nov 24, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Nov 29, 2021	Mon	Practice (Practice @ NYSSD)	N/A	2:45 PM	4:45 PM	NY State School for the Deaf			
Nov 30, 2021	Tue	Practice (Practice @ NYSSD)	N/A	2:30 PM	4:30 PM	NY State School for the Deaf	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed		
Dec 1, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed- RCSD-Justin 315-335-8742	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Dec 3, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed- RCSD-Justin 315-335-8742	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2021	Sat	Practice (Practice @ NYSSD)	N/A	8:00 AM	10:00 AM	NY State School for the Deaf			
Dec 6, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-RCSD	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Dec 7, 2021	Tue	Regular Season (Home event at Holland Patent)	Sherburne-Earlville	5:00 PM		RFA Pool	<b>Bus/Driver:</b> First Student Todd 315-709-9097	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:00 PM	L
Dec 8, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-RCSD-Justin 315-335-8742	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Dec 9, 2021	Thu	Regular Season	@ Cooperstown (Cooperstown/Cherry Valley)	5:00 PM	7:30 PM	Clark's Sports Center	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:00 PM	L
Dec 10, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed RCSD/Tom	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Dec 13, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed RCSD Trent	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Dec 14, 2021	Tue	Regular Season (RFA event @ HP)	Utica Proctor	4:30 PM		Holland Patent High School	<b>Bus/Driver:</b> RCSD/Trent	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:00 PM	L
Dec 15, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed/RCSD	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Dec 16, 2021	Thu	Regular Season	@ Holland Patent	5:00 PM		TBD	<b>Bus/Driver:</b> RCSD/Trent 714-471-5955	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:00 PM	L
CANCELLED Dec 17, 2021	Fri	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed RCSD	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Dec 18, 2021	Sat	Practice (Practice @ NYSSD)	N/A	8:00 AM	10:00 AM	NY State School for the Deaf			
Dec 20, 2021	Mon	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed RCSD/Justin	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Dec 21, 2021	Tue	Regular Season (@ Utica Proctor)	@ Utica Proctor	5:00 PM		PHS Swimming Pool	<b>Bus/Driver:</b> First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:30 PM	L
Dec 22, 2021	Wed	Practice	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed RCSD/Tom	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 23, 2021	Thu	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School			
Dec 27, 2021	Mon	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School			
Dec 28, 2021	Tue	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School			
Dec 29, 2021	Wed	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School			
Dec 30, 2021	Thu	Practice (Practice at Holland Patent)	N/A	9:30 AM	11:30 AM	Holland Patent High School			
Jan 3, 2022	Mon	Regular Season	@ Oneida	4:30 PM		Oneida YMCA	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:15 PM	L
Jan 4, 2022	Tue	Practice (Practice @ NYSSD)	N/A	2:45 PM		NY State School for the Deaf			
Jan 5, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> RCSD/Tom	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 3:45 PM	
Jan 6, 2022	Thu	Regular Season	@ Sherburne-Earlville	5:30 PM	7:30 PM	Pool	<b>Bus/Driver:</b> First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:30 PM	L
CANCELLED Jan 7, 2022	Fri	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> RCSD/Tom	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 3:45 PM	
CANCELLED Jan 10, 2022	Mon	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-RCSD	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 3:45 PM	
Jan 11, 2022	Tue	Regular Season (RFA Home Event @ HP)	Holland Patent	4:30 PM		TBD	<b>Bus/Driver:</b> First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:30 PM	L
Jan 12, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-RCSD/Tom	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 3:45 PM	
Jan 13, 2022	Thu	Regular Season (Home event @ HP)	@ Cooperstown (Cooperstown/Cherry Valley)	5:00 PM		TBD	<b>Bus/Driver:</b> First student	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:30 PM	L
Jan 14, 2022	Fri	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-RCSD/Tom	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 3:45 PM	
Jan 15, 2022	Sat	Practice (Practice at Holland Patent)	N/A	7:30 AM	9:30 AM	TBD			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 18, 2022	Tue	Regular Season (Home event @ HP)	@ Oneida	4:30 PM		Holland Patent High School	<b>Bus/Driver:</b> First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:30 PM	L
Jan 19, 2022	Wed	Practice (Practice at NYSSD)	N/A	5:00 PM	7:00 PM	TBD	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-Bus #13	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 2:10 PM	
Jan 20, 2022	Thu	Practice (Practice @ NYSSD)	N/A	2:45 PM	4:45 PM	TBD		<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 2:10 PM	
Jan 21, 2022	Fri	Regular Season (Diving Championship)	Oneida, Cooperstown (Cooperstown/Cherry Valley), Sherburne-Earlville, Utica Proctor @ Holland Patent	5:00 PM		Holland Patent HS-Pool	<b>Bus/Driver:</b> No Transportation Needed		L
Jan 22, 2022	Sat	Practice (Practice at Holland Patent)	N/A	7:30 AM	9:30 AM	TBD			
Jan 24, 2022	Mon	Practice (Practice at NYSSD)	N/A	2:45 PM	4:45 PM	NY State School for the Deaf	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed/First Student	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 2:10 PM	
Jan 25, 2022	Tue	Practice (Practice @ NYSSD)	N/A	2:45 PM	4:45 PM	TBD	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - RFA BUS #13	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 2:10 PM	
Jan 26, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-RCSD-Tom 315-868-2240	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
Jan 27, 2022	Thu	Practice (Practice @ HP)	N/A	2:45 PM	4:45 PM	TBD	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-RCSD-Marnie 315-335-2667	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 4:30 PM	
Jan 28, 2022	Fri	Regular Season (Swimming Champs @ HP)	@ TBD	5:00 PM		Holland Patent High School	<b>Bus/Driver:</b> First Student - To -Bus # 14307 Frank 315-225-1104 // From Richard 315-317-3149	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 2:00 PM	L
Jan 29, 2022	Sat	Regular Season (Burgos Memorial Diving Invitational @ Nottingham)	@ TBD	10:00 AM		Nottingham High School	<b>Bus/Driver:</b> RCSD/Marnie 315-335-2667	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 7:00 AM	L
Jan 31, 2022	Mon	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed-RCSD-Tom 315-868-2240	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 1, 2022	Tue	Regular Season	@ New Hartford	5:00 PM		New Hartford HS	<b>Bus/Driver:</b> First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 3:45 PM	L
CANCELLED Feb 2, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - One Way/RCSD Tom	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
CANCELLED Feb 3, 2022	Thu	Practice (Practice at NYSSD)	N/A	2:45 PM	4:45 PM	TBD	<b>Bus/Driver:</b> RFA Bus # 13 - Bus Loop		
POSTPONED Feb 4, 2022	Fri	Regular Season	@ Lowville	5:00 PM		Lowville High School	<b>Bus/Driver:</b> First Student - Eric 402-960-8354	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 2:45 PM	L
Feb 7, 2022	Mon	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - One Way/First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
Feb 8, 2022	Tue	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - One Way/First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
Feb 9, 2022	Wed	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - One Way/First Student - Richard 315-317-3149	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
Feb 10, 2022	Thu	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - One Way/First Student - Linda 315-551-1266	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
Feb 11, 2022	Fri	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - One Way/First Student - Dawn 845-443-1850	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
Feb 12, 2022	Sat	Regular Season (State Quas Diving)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> RCSD/Marnie 315-335-2667	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 6:45 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 14, 2022	Mon	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - One Way First Student - Dawn 845-443-1850	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
Feb 15, 2022	Tue	Regular Season (State Quals Diving @ TBD)	TBD	2:30 PM		TBD	<b>Bus/Driver:</b> First Student - Eric 402-960-8354	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 12:00 PM	L
Feb 15, 2022	Tue	Practice (Practice at Holland Patent)	N/A	5:00 PM	7:00 PM	Holland Patent High School	<b>Bus/Driver:</b> Athletic Shuttle Bus Needed - One Way RCSD-Tom	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 4:30 PM	
Feb 16, 2022	Wed	Regular Season (Sectional Swimming)	TBD	10:00 AM		TBD	<b>Bus/Driver:</b> First Student - Eric 402-960-8354	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 7:00 AM	L
Feb 17, 2022	Thu	Practice (Practice at NYSSSD)	N/A	2:45 PM	4:45 PM	NY State School for the Deaf	<b>Bus/Driver:</b> RFA Bus # 13 - Bus Loop	<b>Departure Point:</b> 95 Dart <b>Departure Time:</b> 2:10 PM	
Feb 18, 2022	Fri	Regular Season (State Quals Swimming)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> First Student - Eric 402-960-8354	<b>Departure Point:</b> 95 Dart Circle <b>Departure Time:</b> 1:45 PM	L

Date: 2024-08-11