



# Rome Free Academy

## (G) 7/8TH Volleyball (Black)

### Coaches:

- Sara Scott, Coach
- Sonepith (Pete) Keoviengsamay

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 27, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Facility Gym B		
Nov 28, 2023	Tue	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym B		
Nov 29, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Facility Gym B		
Nov 30, 2023	Thu	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym B		
Dec 1, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	Stadium Support Facility Gym B		
Dec 4, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Dec 5, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Dec 7, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Dec 8, 2023	Fri	Regular Season	Oneida	4:30 PM		Buddy Evans Gym (Strough MS)		L
Dec 9, 2023	Sat	Practice	N/A	11:00 AM	1:00 PM	Strough M S		
Dec 11, 2023	Mon	Regular Season 2-3 L	Central Valley Academy (White)	6:00 PM		Buddy Evans Gym (Strough MS)		L
Dec 12, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Dec 14, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Dec 15, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Dec 18, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Dec 19, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
CANCELLED Dec 20, 2023	Wed	Regular Season	Vernon-Verona-Sherrill (Volleyball Girls 7/8 2)	4:30 PM	5:15 PM	Buddy Evans Gym (Strough MS)		L
Dec 21, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Jan 2, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		

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Jan 3, 2024	Wed	Regular Season	Holland Patent	6:00 PM		Buddy Evans Gym (Strough MS)		L
Jan 4, 2024	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Jan 5, 2024	Fri	Regular Season	New Hartford	4:30 PM		Buddy Evans Gym (Strough MS)		L
Jan 6, 2024	Sat	Regular Season 1-4 L	Whitesboro (White)	11:00 AM		Buddy Evans Gym (Strough MS)		L
Jan 8, 2024	Mon	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
CANCELLED Jan 9, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Jan 11, 2024	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Jan 12, 2024	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Jan 16, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Strough M S		
Jan 17, 2024	Wed	Practice	N/A	3:30 PM	4:30 PM	Stadium Support Facility Gym B		
Jan 18, 2024	Thu	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Jan 19, 2024	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Jan 23, 2024	Tue	Practice	N/A	4:30 PM	6:00 PM	Stadium Support Facility Gym B		
Jan 24, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B		
Jan 26, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Stadium Support Facility Gym B		
Jan 27, 2024	Sat	Practice (Combined with Varsity)	N/A	11:00 AM	1:00 PM	Strough M S		
Jan 29, 2024	Mon	Practice	N/A	2:30 PM	4:00 PM	Strough M S		
Jan 30, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		
Feb 1, 2024	Thu	Practice (Glow Theme!)	N/A	2:30 PM	4:30 PM	Strough M S		
Feb 2, 2024	Fri	Practice	N/A	4:00 PM	5:30 PM	Stadium Support Facility Gym B		

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Feb 3, 2024	Sat	Practice	N/A	9:00 AM	11:00 AM	Stadium Support Facility Gym B		
Feb 6, 2024	Tue	Regular Season	Utica Proctor (DMS)	4:15 PM		Buddy Evans Gym (Strough MS)		L
Feb 15, 2024	Thu	Practice (Team "Banquet" at Stadium)	N/A	3:30 PM	5:30 PM	Stadium Support Facility Gym B		

Date: 2024-06-10