

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|------------------------|------------|----------|-------------------------------------|----------------|---------------------|
| Nov 25, 2019 | Mon | Scrimmage | Lisbon | 5:00 PM | | SHCS Gymnasium | | NL |
| Nov 30, 2019 | Sat | Scrimmage | @ Carthage | 10:00 AM | | Carthage HS Gym | | NL |
| Dec 3, 2019 | Tue | Regular Season | @ Lyme | 6:00 PM | | Lyme School | | L |
| Dec 6, 2019 | Fri | Regular Season (Morristown Tournament) | Hammond | 8:45 PM | | Morristown Central School | | NL |
| Dec 7, 2019 | Sat | Regular Season (Morristown Tournament) | TBD | TBD | | Morristown Central School | | L |
| Dec 13, 2019 | Fri | Regular Season | @ Thousand Islands | 7:30 PM | | Thousand Islands Turf Field | | L |
| Dec 16, 2019 | Mon | Regular Season | Belleville Henderson | 7:30 PM | | SHCS Gymnasium | | L |
| Dec 19, 2019 | Thu | Regular Season | @ LaFargeville | 7:30 PM | | LaFargeville School | | L |
| Dec 20, 2019 | Fri | Regular Season | @ Alexandria | 7:30 PM | | Alexandria School | | L |
| Jan 3, 2020 | Fri | Regular Season | South Lewis | 6:00 PM | | SHCS Gymnasium | | L |
| Jan 8, 2020 | Wed | Regular Season | @ Sandy Creek | 7:30 PM | | Sandy Creek MS/HS Gym | | L |
| Jan 10, 2020 | Fri | Regular Season 16-77 L | Copenhagen | 7:30 PM | | SHCS Gymnasium | | L |
| Jan 14, 2020 | Tue | Regular Season | Beaver River | 7:30 PM | | SHCS Gymnasium | | L |
| Jan 16, 2020 | Thu | Regular Season | Lyme | 7:30 PM | | SHCS Gymnasium | | L |
| Jan 21, 2020 | Tue | Regular Season | Sandy Creek | 7:30 PM | | SHCS Gymnasium | | L |
| Jan 28, 2020 | Tue | Regular Season | @ Belleville Henderson | 7:30 PM | | Belleville Henderson Central School | | L |
| Jan 30, 2020 | Thu | Regular Season | Alexandria | 7:30 PM | | SHCS Gymnasium | | L |
| Feb 4, 2020 | Tue | Regular Season 10-93 L | @ Copenhagen | 7:00 PM | | Copenhagen Central School | | L |
| Feb 10, 2020 | Mon | Regular Season | LaFargeville | 7:30 PM | | SHCS Gymnasium | | L |
| Feb 12, 2020 | Wed | Regular Season | @ Belleville Henderson | 6:30 PM | | Belleville Henderson Central School | | NL |

Date: 2024-11-12