

Coaches:

- Garrett Smith, Head Coach
- Cody StinsonSteve Guidetti
- Kevin Burrall

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Aug 26, 2024	Mon	Practice (Varsity XC practice)	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails	
Aug 27, 2024	Tue	Practice (Varsity XC practice)	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails	
Aug 28, 2024	Wed	Practice (Varsity XC practice)	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails	
Aug 29, 2024	Thu	Practice (Varsity XC practice)	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails	
Aug 30, 2024	Fri	Practice (Varsity XC practice)	N/A	8:00 AM	9:30 AM	Lake George Elementary School - #12 Cross Country Trails	
Sep 3, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails	
Sep 4, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails	
Sep 5, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails	
Sep 6, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Lake George Elementary School - #12 Cross Country Trails	
Sep 18, 2024	Wed	Scrimmage (Pre Season Scrimmage @ Lake George)	Corinth (Corinth/Hadley Luzerne), Granville (Granville-Whitehall- Hartford), Argyle (Fort Edward/Argyle), North Warren, Warrensburg (Warrensburg - Bolton)	4:00 PM		Lake George Elementary School - #12 Cross Country Trails	NL

DATE	WEE! DAY	⁽ ТҮРЕ	OPPONENTS	START END TIME TIMI	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 24, 2024	Tue	Regular Season	Argyle (Fort Edward/Argyle)	4:00 PM	Lake George Elementary School - #12 Cross Country Trails		L
Oct 8, 2024	Tue	Regular Season	Granville (Granville- Whitehall-Hartford)	4:00 PM	Lake George Elementary School - #12 Cross Country Trails		L
Oct 15, 2024	Tue	Regular Season	Corinth (Corinth/Hadley Luzerne)	4:00 PM	Lake George Elementary School - #12 Cross Country Trails		L

Date: 2024-09-15