



# Lake George

## (B) MOD7/8/9 Cross Country

### Coaches:

- Cody Stinson
- Steve Guidetti
- Garrett Smith
- Kevin Burrall

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	@ TBD	TBD		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 7:30 AM	L
Sep 28, 2024	Sat	Regular Season (Kdawg)	@ TBD	9:00 AM		South Glens Falls HS - Stadium Field	<b>Departure Time:</b> 7:00 AM	L
Oct 1, 2024	Tue	Regular Season	@ Warrensburg (Warrensburg - Bolton)	4:00 PM		Warrensburg Recreation Field	<b>Departure Time:</b> 3:20 PM	L
Oct 5, 2024	Sat	Regular Season (Grout- Schenectady )	@ TBD	9:00 AM		Schenectady High School Track & Field	<b>Departure Time:</b> 6:45 AM	L
Oct 12, 2024	Sat	Regular Season (Saratoga Invy )	@ TBD	9:00 AM		BH-BL HS Track	<b>Departure Time:</b> 7:00 AM	L
Oct 22, 2024	Tue	Regular Season	@ North Warren	4:00 PM		NW High School	<b>Departure Time:</b> 3:20 PM	L
Oct 30, 2024	Wed	Meet (Adirondack League XC Championships)	Vs. Multiple	3:00 PM		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 1:30 PM	NL

Date: 2024-07-01