Lake George (B) MOD7/8/9 Skiing (Nordic)

## Coaches:

- Dante Siletti
- Philip Gengel

| DATE         | WEEK<br>DAY | К ТҮРЕ                      | OPPONENTS | START<br>TIME | END<br>TIME | LOCATION                          | DEPARTURE                 | TRANSPORTATION  | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-----------------------------|-----------|---------------|-------------|-----------------------------------|---------------------------|---|----------------------------|
| Nov 22, 2021 | Mon         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Nov 23, 2021 | Tue         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Nov 29, 2021 | Mon         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Nov 30, 2021 | Tue         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Dec 1, 2021  | Wed         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Dec 2, 2021  | Thu         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Dec 3, 2021  | Fri         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Dec 6, 2021  | Mon         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Dec 7, 2021  | Tue         | Practice (Gore<br>Practice) | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB) | Bus/Driver:<br>School Bus | Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Dec 8, 2021  | Wed         | Practice (Practice)         | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Dec 9, 2021  | Thu         | Practice (Gore<br>Practice) | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB) | Bus/Driver:<br>School Bus | Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Dec 10, 2021 | Fri         | Practice (Wax Practice)     | N/A       | 2:35<br>PM    |             | Lake<br>George<br>High<br>School  |                           |   |                            |
| Dec 13, 2021 | Mon         | Practice (Gore<br>Practice) | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB) | Bus/Driver:<br>School Bus | Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Dec 14, 2021 | Tue         | Practice (Practice)         | N/A       | 3:20<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |   |                            |
| Dec 15, 2021 | Wed         | Practice (Gore<br>Practice) | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB) | Bus/Driver:<br>School Bus | Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Dec 16, 2021 | Thu         | Practice (Wax Practice)     | N/A       | 2:45<br>PM    | 5:00<br>PM  | Lake<br>George<br>High<br>School  |                           |   |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS      | START<br>TIME | END<br>TIME | LOCATION                          | DEPARTURE                 | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|----------------|---------------|-------------|-----------------------------------|---------------------------|--|----------------------------|
| Dec 17, 2021 | Fri         | Regular Season<br>(Johnsburg Invy)                      | @<br>Johnsburg | 2:15<br>PM    |             | North Creek<br>Ski Bowl           |                           | Departure Point:<br>LGHS - Under the<br>Bridge<br>Departure Time:<br>12:30 PM                                      | L                          |
| Dec 20, 2021 | Mon         | Practice (Practice)                                     | N/A            | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |  |                            |
| Dec 21, 2021 | Tue         | Practice (Gore<br>Practice)                             | N/A            | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB) | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Dec 22, 2021 | Wed         | Practice (Wax Practice)                                 | N/A            | 2:45<br>PM    |             | Lake<br>George<br>High<br>School  |                           |  |                            |
| Dec 29, 2021 | Wed         | Regular Season<br>(Queensbury Relays)                   | TBD @ TBD      | 9:00<br>AM    |             | North Creek<br>Ski Bowl<br>(NCSB) |                           | Departure Point:<br>LGHS - Under the<br>Bridge<br>Departure Time:<br>8:00 AM                                       | L                          |
| Jan 3, 2022  | Mon         | Practice (Wax Practice)                                 | N/A            | 2:45<br>PM    |             | Lake<br>George<br>High<br>School  |                           |  |                            |
| Jan 4, 2022  | Tue         | Regular Season<br>(Saratoga/Schen Invy -<br>6 km Skate) | @ TBD          | 2:00<br>PM    |             | North Creek<br>Ski Bowl<br>(NCSB) |                           | <b>Departure Point:</b><br>LGHS - Under the<br>Bridge<br><b>Departure Time:</b><br>12:45 PM                        | L                          |
| Jan 5, 2022  | Wed         | Practice (Gore<br>Practice)                             | N/A            | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB) | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Jan 6, 2022  | Thu         | Practice (Practice)                                     | N/A            | 3:10<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |  |                            |
| Jan 7, 2022  | Fri         | Regular Season<br>(Johnstown/Guilderland<br>Invy)       | @ TBD          | 2:15<br>PM    |             | North Creek<br>Ski Bowl<br>(NCSB) |                           | <b>Departure Point:</b><br>LGHS - Under the<br>Bridge<br><b>Departure Time:</b><br>12:45 PM                        | L                          |
| Jan 10, 2022 | Mon         | Practice (Gore<br>Practice)                             | N/A            | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB) | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Jan 11, 2022 | Tue         | Practice (Wax Practice)                                 | N/A            | 2:45<br>PM    | 5:00<br>PM  | Lake<br>George<br>High<br>School  |                           |  |                            |
| Jan 12, 2022 | Wed         | Practice (Practice)                                     | N/A            | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |  |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ                              | OPPONENTS | START<br>TIME | END<br>TIME | LOCATION                                     | DEPARTURE                 | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-----------------------------------|-----------|---------------|-------------|--|---------------------------|--|----------------------------|
| Jan 13, 2022 | Thu         | Practice (Gore<br>Practice)       | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB)            | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Jan 14, 2022 | Fri         | Practice (Practice)               | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary                 |                           |  |                            |
| Jan 18, 2022 | Tue         | Practice (Gore<br>Practice)       | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB)            | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Jan 19, 2022 | Wed         | Practice (Gore<br>Practice)       | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB)            | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Jan 20, 2022 | Thu         | Practice (Wax Practice)           | N/A       | 2:45<br>PM    | 5:00<br>PM  | Lake<br>George<br>High<br>School             |                           |  |                            |
| Jan 21, 2022 | Fri         | Regular Season<br>(Mayfield Invy) | @ TBD     | 2:00<br>PM    |             | Lapland<br>Lake Nordic<br>Vacation<br>Center |                           | Departure Point:<br>LGHS - Under the<br>Bridge<br>Departure Time:<br>11:30 AM                                      | L                          |
| Jan 24, 2022 | Mon         | Practice (Practice)               | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary                 |                           |  |                            |
| Jan 25, 2022 | Tue         | Practice (Gore<br>Practice)       | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB)            | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Jan 26, 2022 | Wed         | Practice (Practice)               | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary                 |                           |  |                            |
| Jan 27, 2022 | Thu         | Practice (Gore<br>Practice)       | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB)            | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Jan 28, 2022 | Fri         | Practice (Practice)               | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary                 |                           |  |                            |
| Jan 31, 2022 | Mon         | Practice (Wax Practice)           | N/A       | 2:45<br>PM    | 5:00<br>PM  | Lake<br>George<br>High<br>School             |                           |  |                            |

| DATE         | WEEP<br>DAY | <sup>(</sup> түре                                   | OPPONENTS | START<br>TIME | END<br>TIME | LOCATION                          | DEPARTURE                 | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|-----------|---------------|-------------|-----------------------------------|---------------------------|--|----------------------------|
| Feb 1, 2022  | Tue         | Regular Season (Lake<br>George/Glens Falls<br>Invy) | @ TBD     | 2:00<br>PM    |             | North Creek<br>Ski Bowl<br>(NCSB) |                           | Departure Point:<br>LGHS - Under the<br>Bridge<br>Departure Time:<br>12:30 PM                                      | L                          |
| Feb 2, 2022  | Wed         | Practice (Practice)                                 | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |  |                            |
| Feb 3, 2022  | Thu         | Practice  | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |  |                            |
| Feb 4, 2022  | Fri         | Practice  | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |  |                            |
| Feb 7, 2022  | Mon         | Practice (Practice)                                 | N/A       | 3:15<br>PM    | 5:00<br>PM  | Lake<br>George<br>Elementary      |                           |  |                            |
| Feb 8, 2022  | Tue         | Practice (Gore<br>Practice)                         | N/A       | 4:00<br>PM    | 5:00<br>PM  | North Creek<br>Ski Bowl<br>(NCSB) | Bus/Driver:<br>School Bus | Departure Point:<br>Under Bridge at<br>HS<br>Departure Time:<br>3:10 PM<br>Return Date:<br>Return Time: 5:50<br>PM |                            |
| Feb 9, 2022  | Wed         | Practice (Wax Practice)                             | N/A       | 2:45<br>PM    | 5:00<br>PM  | Lake<br>George<br>High<br>School  |                           |  |                            |
| Feb 10, 2022 | Thu         | Regular Season<br>(Scotia-Glenville<br>Relays)      | @ TBD     | 2:00<br>PM    |             | Brookhaven<br>Golf Course         |                           | <b>Departure Point:</b><br>LGHS - Under the<br>Bridge<br><b>Departure Time:</b><br>12:30 PM                        | L                          |

Date: 2024-10-17