

## Coaches:

- Dante Siletti
- Philip Gengel

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 15, 2021	Mon	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Nov 16, 2021	Tue	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Nov 17, 2021	Wed	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Nov 18, 2021	Thu	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Nov 19, 2021	Fri	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Nov 22, 2021	Mon	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Nov 23, 2021	Tue	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Nov 29, 2021	Mon	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Nov 30, 2021	Tue	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Dec 1, 2021	Wed	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Dec 2, 2021	Thu	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Dec 3, 2021	Fri	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Dec 6, 2021	Mon	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Dec 7, 2021	Tue	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Dec 8, 2021	Wed	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Dec 9, 2021	Thu	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME		DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 10, 2021	Fri	Practice (Practice)	N/A	2:35 PM	5:00 PM	Lake George High School			
POSTPONED Dec	Sat	Regular Season (GF Sprints)	@ TBD	10:00 AM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 8:00 AM	L
Dec 13, 2021	Mon	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Dec 15, 2021	Wed	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Dec 16, 2021	Thu	Practice (Wax Practice)	N/A	2:45 PM	5:00 PM	Lake George High School			
Dec 17, 2021	Fri	Regular Season (Johnsburg Invy)	@ Johnsburg	3:00 PM		North Creek Ski Bowl		Departure Point: LGHS - Under the Bridge Departure Time: 12:30 PM	L
Dec 20, 2021	Mon	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Dec 21, 2021	Tue	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Dec 22, 2021	Wed	Practice (Wax Practice)	N/A	2:45 PM	5:00 PM	Lake George High School			
Dec 29, 2021	Wed	Regular Season (Queensbury Relays)	Glens Falls (Coed Nordic Ski), Johnstown (Nordic), Saratoga Springs High School (Cross Country), Scotia- Glenville, Guilderland High School (Cross Country) @ Queensbury (Nordic)	10:00 AM	2:30 PM	Gore Mountain - NCSB		Departure Point: LGHS - Under the Bridge Departure Time: 8:00 AM	L

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Jan 3, 2022	Mon	Practice (Wax Practice)	N/A	2:45 PM	5:00 PM	Lake George High School			
Jan 4, 2022	Tue	Regular Season (Saratoga/Schen Invy - 6 km Skate)	@ TBD	3:00 PM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 12:45 PM	L
Jan 5, 2022	Wed	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Jan 6, 2022	Thu	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 7, 2022	Fri	Regular Season (Johnstown/Guilderland Invy)	@ TBD	3:00 PM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 12:45 PM	L
Jan 10, 2022	Mon	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Jan 11, 2022	Tue	Practice (Wax Practice)	N/A	2:45 PM	5:00 PM	Lake George High School			
Jan 12, 2022	Wed	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 13, 2022	Thu	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Jan 14, 2022	Fri	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
POSTPONED Jan 15, 2022	Sat	Regular Season (Queensbury Invy)	@ TBD	11:00 AM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 8:30 AM	L
Jan 18, 2022	Tue	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	

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Jan 19, 2022	Wed	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Jan 20, 2022	Thu	Practice (Wax Practice)	N/A	2:45 PM	5:00 PM	Lake George High School			
Jan 21, 2022	Fri	Regular Season (Mayfield Invy)	@ TBD	3:00 PM		Lapland Lake Nordic Vacation Center		Departure Point: LGHS - Under the Bridge Departure Time: 11:30 AM	L
Jan 24, 2022	Mon	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 25, 2022	Tue	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Jan 26, 2022	Wed	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 27, 2022	Thu	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Jan 28, 2022	Fri	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Jan 31, 2022	Mon	Practice (Wax Practice)	N/A	2:45 PM	5:00 PM	Lake George High School			
Feb 1, 2022	Tue	Regular Season (Lake George/Glens Falls Invy)	@ TBD	3:00 PM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 12:30 PM	L
Feb 2, 2022	Wed	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Feb 3, 2022	Thu	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Feb 4, 2022	Fri	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Feb 7, 2022	Mon	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 8, 2022	Tue	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Feb 9, 2022	Wed	Practice (Wax Practice)	N/A	2:45 PM	5:00 PM	Lake George High School			
Feb 10, 2022	Thu	Regular Season (Scotia-Glenville Relays)	@ TBD	3:00 PM		Brookhaven Golf Course		Departure Point: LGHS - Under the Bridge Departure Time: 12:30 PM	L
Feb 11, 2022	Fri	Practice (Practice)	N/A	3:15 PM	5:00 PM	Lake George Elementary			
Feb 14, 2022	Mon	Practice (Gore Practice)	N/A	4:00 PM	5:00 PM	North Creek Ski Bowl (NCSB)	Bus/Driver: School Bus	Departure Point: Under Bridge at HS Departure Time: 3:10 PM Return Date: Return Time: 5:50 PM	
Feb 15, 2022	Tue	Practice (Wax Practice)	N/A	2:45 PM	5:00 PM	Lake George High School			
Feb 16, 2022	Wed	Regular Season (Sectionals)	@ TBD	2:00 PM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 12:00 PM	L
Feb 17, 2022	Thu	Regular Season (Back up Date - Sectionals)	@ TBD	2:00 PM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 11:30 AM	L
Feb 28, 2022	Mon	Regular Season (State Championship)	@ TBD	10:00 AM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 8:00 AM	L
Mar 1, 2022	Tue	Regular Season (State Championship)	@ TBD	10:00 AM		North Creek Ski Bowl (NCSB)		Departure Point: LGHS - Under the Bridge Departure Time: 8:00 AM	L
TBD		Practice (Practice)	N/A	3:20 PM	5:00 PM	Lake George Elementary			

Date: 2024-07-14